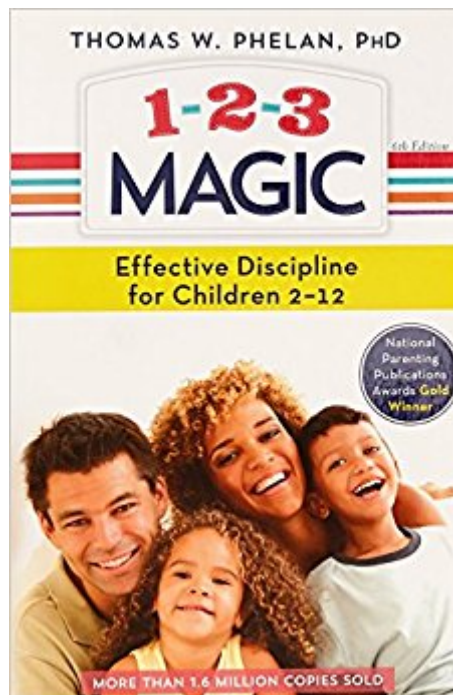




The book was found

1-2-3 Magic: 3-Step Discipline For Calm, Effective, And Happy Parenting



Synopsis

The simplest, most effective parenting program for raising happy, well-behaved children•
2016 Mom's Choice Award Winner • 2016 National Parenting Product Award Winner •
2016 Family Choice Award Winner"1-2-3 Magic made parenting fun again." "My three-year-old has
become a different little girl, and she is so much happier now." "All I have to say is that the ideas in
this book really WORK! It really is like magic!" "Our home has become a much more positive
place." The sixth edition of the 1.8 million-copy bestseller 1-2-3 Magic by internationally acclaimed
parenting expert Thomas W. Phelan, Ph.D. compiles two decades of research and experience into
an easy-to-use program designed for parents striving to connect more deeply with their children and
help them develop into healthy, capable teenagers and adults. Dr. Phelan breaks down the complex
task of parenting into three straightforward steps: 1. Helping your children learn how to control their
emotions and refrain from negative behavior, including tantrums, whining, and sibling rivalry 2.
Encouraging good behavior in your children and providing positive feedback 3. Strengthening your
relationships with your children to reinforce the natural parent-child bond You'll find tools to use in
virtually every situation, as well as real-life stories from parents who have successfully navigated
common parenting challenges such as reluctance to do chores, talking back, and refusing to go to
bed or getting up in the middle of the night. For years, millions of parents from all over the world
have used the award-winning 1-2-3 Magic program to help their children develop emotional
intelligence, raise healthier, happier families, and put the fun back into parenting. Along with other
highly-respected parenting classics such as How to Talk So Kids Will Listen & Listen So Kids Will
Talk, Parenting with Love and Logic, The 5 Love Languages of Children, No Drama Discipline, and
The Whole Brain Child, 1-2-3 Magic is an essential tool for parents hoping to connect more deeply
with their children.

Book Information

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Customer Reviews

3 Tips for Tantrums Stop talking – Children see parents' reasons and explanations as whimpering – sure signs that the parent doesn't know what he or she is doing. Parents need a plan that focuses on gentle but decisive actions – not words. Check out – When a child whines or melts down after a denied request, the parent has 10 seconds to decide what to do. No talking, for example, no eye contact, increase physical distance as much as possible. Soon the kids will begin to realize that tantrums get them only one thing: Nothing. Be Consistent – Can you apply the same strategies in public? Not only can you, you have to! Feeble attempts at reasoning or distraction in a restaurant or grocery store will bring on a tantrum in no time at all.

"Phelan's method has a proven track record of ending the negotiations and getting kids back on track...1-2-3 is the gold standard of child discipline for good reason. " - Library

Journal-STARRED"The most valuable advice I got from reading 1-2-3 Magic that you can start implementing at home immediately is to avoid too much talking and too much emotion...the 1-2-3-program is as much a control on parental anger as it is on children's behavior. " - Outnumbered 3 to 1 "The book has a lot of great, helpful information. Anyone who has children, no matter what age, can learn from this. " - Cassandra's Place"1-2-3 Magic helped me quickly identify the areas that I was messing up with my kids, and showed me how I could change those bad habits and trade them in for solid tactics to use when my kids were not listening as they should be. The best part, is that it literally only took a couple days for my kids to completely jump on board with the program...This book is worth it's weight in gold and will change your family's life." - The Simple Moms"If you are a parent of young kids I do recommend that you pick up this book for a read as it would help you understand more about how to cope with your children during their outbursts." - Dominique's Desk"Lays out a simple program for parents to help manage, and keep from overreacting, to behavior that seems incessant and annoying, like a continual request for junk food right before dinner." - Tri-City Herald"Since the sixth edition of the self-proclaimed No. 1 child-discipline book in America came out last year, Dr. Phelan's strategies have seen a resurgence in the parenting world. Maybe that's why you feel like everywhere you go, you keep overhearing other moms say to their

misbehaving children, "That's one. That's two. That's three." And then you watch in disbelief as their kid actually stops! " - PopSugar

Dr. Thomas W. Phelan is an internationally renowned expert, author, and lecturer on child discipline and Attention Deficit Disorder. A registered Ph.D. clinical psychologist, he appears frequently on radio and TV. Dr. Phelan practices and works in the western suburbs of Chicago.

This method works. But if you can't get your partner to buy into using the method correctly you will quickly become the bad cop with your kid and a little bit of the connection with the kid is lost. I am waiting to see if the kid will thank me later for actually being the bad cop all the time. Kid's behavior has improved and knows what is coming when the count starts and does the timeout physically without fuss even though still a bit of verbal/noise before extensions periods warnings are given.

Book has changed our life! Our kids barely get to #2, as soon as we say "that's ONE" the behaviors we don't want are quickly stopped. Highly recommend to all new moms. - Mom to 2 & 3yr olds

Great book. Love how it is simple explains it in plain and simple terms. It has helped me manage my daughter a lot and helped with boundaries and learning to rationalize. I highly recommend it.

No more screaming. Yeah! I would recommend listening in your car. Each parent should listen to it. We are grandparents. We listened to it on the way to Florida. You have to stick to it. You as the parent have to stop being a big whiny baby and grow up. If you want a happier family this will help.

Love it, I'm a mental health counselor and use the tenants of this book all the time, Workbook helps with assigned homework for parents.

This book should be mandatory reading for all parents. It teaches parents and care givers to hold themselves accountable for follow through and it teaches children natural consequences and readies them for the realities of the real world. It works great for children with challenges such as ADHD.

Will stand behind this book 100%. It's made a world of a difference with our strong willed little girl. And the technique is so simple! It's easy to implement at home, at grandparents and while out and

about. Highly recommend this book for all parents of young children. It's a quick and easy read with funny examples and real life scenarios.

Encouraged is not the word for this amazing book! We took the suggestions and employed them as directed and 1-2-3 Magic! Our household is already more calm and respectful and we, as parents, have learned more about ourselves than what we thought was originating from our children. It is a God-send and we are going to buy more copies and give to our friends when they ask us about our family peace. :)

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